

The Incredible Years Autism for Teachers programme

for teachers of children aged two
to five on the autism spectrum



**A programme to create the best
learning environment for young
children on the autism spectrum.**

We know that children on the autism spectrum are more likely than their peers to have behaviour issues and that it's the key adults in a child's life who have the biggest impact and can make the greatest change.

This programme supports you, in partnership with parents, to create the best learning environment for young children on the autism spectrum.

Incredible Years Autism for Teachers is a group based programme for teachers of children aged two to five on the autism spectrum. It aims to help you engage with children in ways that encourage emotional self-regulation, and support their communication skills. You'll also learn to build their social skills and empathy and help them form positive relationships.

The teacher programme is one of two programmes being offered by the Ministry of Education that are specifically designed to support the key adults in the lives of children on the autism spectrum. The other is Incredible Years Autism for parents which helps caregivers build their parenting skills and confidence.

Ideally, both you and the parents should take part in the programmes to support the child together as partners. However this may not always be possible, so parents and teachers also have the option of participating in the programmes independently.



What the Incredible Years Autism for Teachers programme involves

Teachers meet every one to two weeks, over a period of six half day sessions to look at evidence-based behaviour strategies. During these collaborative sessions you will develop and implement goals based on the developmental needs of the children you support.

The programme uses multiple learning approaches including video modelling, group discussion and support, practice activities within sessions, home activities, reading assignments, self-monitoring checklists, goal setting, and group leader teaching and support.

Where the programme is being offered

In 2018, the Incredible Years Autism teacher programmes are being offered in Tauranga, Hawkes Bay, New Plymouth, Nelson and Christchurch.

How to access the programme

If a child's parents or caregivers are attending the parent programme, then they can agree for their classroom teacher to be invited to attend the teacher programme. Teachers of children on the autism spectrum can also refer themselves.

Group sizes are limited to 10 to 12, so priority will be given to:

1. Teachers working with a child whose parent or caregiver is participating in the parent programme.
2. Teachers from early learning services who are working with a child on the autism spectrum.

The programmes are funded by the Ministry of Education. The funding includes a contribution towards teacher release costs.

To find out about programmes in your region, please visit pb4l.tki.org.nz/IYAforteachers

Find out more

You can learn more about the programmes by watching the "Helping Preschool Children with Autism: Teachers and Parents as Partners" program overview video at:

<http://bit.ly/helpingkidswithautism>

You can also contact us for more information at incredibleyears.autism@education.govt.nz or read more on the Ministry of Education website at: pb4l.tki.org.nz/Incredible-Years-Autism