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Positive Behaviour for Learning School-wide

# Objectives

- 1. Define assumptions of an Multi-tiered PB4L approach
- 2. Define critical features of Tier II supports
- 3. Define critical features of Tier III supports
- Define implications for organizational systems at school and district level of adopting a Multi-Tiered Systems of Support Framework.
- 5. Self-assess the "readiness" of your school/ district to implement all three tiers of PB4L







Rayette

• Why do we need Tier II and Tier III supports?



Shane

Describe the problem behavior with operational precision?

What outcome (reward) is maintaining the problem behavior?









## **Regular Education**



#### Special Education



PB4L System:

 Expectations of Schools within PB4L

Intensity Matched to Student Demographics:





## Lessons Learned



#### **1.** Invest in Tier I supports first.

- a. Tier I foundation is needed for Tier II and Tier III efficiency.
- b. Easy to say, hard to do... (may require extra initial efforts)

#### 2. All schools have the capacity to implement Tier I

a. But implementation of Tier II and Tier III will require investment in people with training in behavior support (school psychologists, social workers, counselors)

 PB4L Changes
 Expectations of and for schools

**3. Invest in a Continuum of Support Before need is documented.** a. Tier II and Tier III supports should not be a "surprise need."



### Lessons Learned



#### 4. Build Support that is "Function-Based" and "Comprehensive"

- a. It is as important to know "why" a behavior keeps happening as is it to know what behavior is occurring.
- b. Build support that not only reduces problem behavior but leads to overall student success (academic, social, emotional)
- 5. PB4L requires Tier III SYSTEMS as well as Tier III PRACTICES
  - Schools must be able to adapt support to meet both the number of students and intensity of support needs of students in Tier II and Tier III







 PB4L Changes Expectations of and for schools



#### Implementing Tier II and Tier III

Your Turn

Tier I

- Do we have the critical feature of Tier I PB4L in place?
- What do we do well?
- What would be the one thing most helpful to add?

# 2. Do we have the systems needed for sustained use?

PB4L - Behavior	
Critical Features	Systems
Leadership Team School-wide expectations defined and taught Formal system for recognizing positive behavior	<ul> <li>Policies supporting PB4L</li> <li>Mission</li> <li>Hiring, training, coaching</li> <li>Annual evaluation</li> </ul>
Function-based consequence for problem ben	Team designation and time Functional and efficient data systems.
Preference will be given to individuals with demonstrated knowledge and experience implementing multi-tiered systems of behavior and academic support.	



Implementing		PB4L - Behavior	
Tier II and Tier III		Critical Features	Systems
	Tier II	Tier II/ Tier III leadership team Increased structure Additional instruction on expected behavior Increased frequency and timeliness of feedback	Team designation and time Personnel trained in behavioral theory Functional and efficient Tier II
Critical Features and Systems at all Three Tiers		Increased focus on reducing the unintended rewards for problem behavior Increased frequency and precision of data collection	

## **CICO Cycle**



 Check-in/ Check-out



**Emphasis on** (a) Behavioral Momentum, (b) Self-regulation (self-monitor, self-evaluate, self-recruitment), (c) Increased structure, (d) teaching desired skills, (e) improved feedback

#### CICO-SWIS Daily Progress Report



	Period 1	Period 2	Period 3	Period 4	Period 5	Period 6	Period 7
Safe	21 0	21 0	210	210	210	21 0	210
Respectful	210	21 0	210	210	210	210	21 0
Responsible	21 0	2 1 0	2 10	210	210	210	210
Total Points	6	5	3	6	3	6	6







Implementing		PB4L - Behavior	
Tier II and Tier III		Critical Features	Systems
	Tier III	<ul> <li>Tier II/ Tier III leadership team</li> <li>Individual student assessment</li> <li>Academic, Behavior (FBA), Mental Health</li> <li>Individual support plan</li> <li>Comprehensive</li> <li>Function-based</li> </ul>	Team designation and time Personnel trained in behavioral theory Functional and efficient Tier III data system.
<b>Critical Features</b>		Tied to Action Plan	
and Systems at		Measure of support fidelity	
all Three Tiers		Increased focus on reducing the unintended rewards for problem behavior Increased frequency and precision of data collection	
		Increased family engagement.	



- Functional behavioral assessment
- Identify WHAT behavior is a problem
- Identify WHERE the behavior is most and least likely
- Identify WHY the behavior continues (what is the reward?)



The Effectiveness of Intervention Strategies Based on Functional Behavioral Assessment.

Kimberly Ingram George Sugai Teri Lewis-Palmer Kimberly L. Ingram

Teri Lewis-Palmer and George

University of Oregon,

#### % Intervals w/ Problem Behavior for Carter



 Compare plans "indicated" by FBA versus "contraindicated"



## % Intervals w/ P.B. for Bryce



 Compare plans "indicated" by FBA versus "contraindicated"



\*Data points with arrows indicate no medication

## **Comprehensive Support Planning**

<ul><li>Target Area</li><li>Goal:</li></ul>	(s): Solution Component	Action Step(s)
	Prevention	
Behavior Support Reading Support	Teaching	
Math Support	Recognition	
Mental Health Support	Extinction	
	Corrective Consequence (if needed)	
Add Safety Protocol if needed	Data collection	

## Solution Development

- Target Area(s): Eric is a typically developing 3<sup>rd</sup> grader but engages in physical aggression 2-3 times per day on the playground during recess to gain access to playground equipment.
- **Goal**: reduce referrals for physical aggression on the playground for each of the remaining months to no more than 1 per week.

Solution Component	Action Step(s)
Prevention	What do you think?
Teaching	
Recognition	Course
Extinction	i Sido
Corrective Consequence	- くない
Data collection	

## Problem Solving



 Move from solution
 elements to
 Action Plan

#### **Precise Problem Statement:**

#### Goal:



BSP Template

BSP checklist

Implementing		PB4L - Behavior	
Tier II and Tier III		Critical Features	Systems
	Tier III	<ul> <li>Tier II/ Tier III leadership team</li> <li>Individual student assessment</li> <li>Academic, Behavior (FBA), Mental Health</li> <li>Individual support plan</li> <li>Comprehensive</li> <li>Function-based</li> </ul>	Team designation and time Personnel trained in behavioral theory Functional and efficient Tier
<b>Critical Features</b>		<ul> <li>Tied to Action Plan</li> </ul>	
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all Three Tiers		Increased focus on reducing the unintended rewards for problem behavior Increased frequency and precision of data collection	
		Increased family engagement.	

The Role of Behavior Specialists in the Development of Functionbased Behavior Support Plans

Benazzi, L., Horner, R., & Good, R. University of Oregon

# Three knowledge areas needed for a behavior support plan



## Results: Technical Adequacy Mean Expert Rating (6-18)



\* Team alone plans were statistically different from plans that included behavior specialist.

\*Team + Specialist and Specialist Alone were not statistically significantly different.

# Results: Contextual Fit Mean Team Rating (0-100)



\* Specialist Alone plans were statistically different from plans that included team members.

\* Team Alone and Team + Specialist plans were not statistically significantly different

# Three knowledge areas needed for a behavior support plan



### CULTURAL SENSITIVITY AT TIER III

## Effective Systems Adapt to the Local Culture

- Focus on core features
- Systems should facilitate adoption and sustained use of the core features that benefit students.

## Adapting Behavior Support to Local Culture Manuel Monzalve, Ph.D.



No breakfast →	Antecedent Group activity Rep Rep	toblem Behavior     M       ins around the     →       ins     →       G     →       lacement Behavior     G       ceive teacher     ↓	tis teacher attention	
Setting Event Strategies	Antecedent Strategies	Teaching Strategies	Consequence Stra	
Have snack available in classroom.	Check in with student giving a thumb up or smile every 3-4 minutes	Teach student to ask teacher "How am I doing?" or "Look at this" to get teacher's attention	Replacement Beh Praise, provide attention asks appropriately	
			Problem Behav	
			Malada and D	





#### CONTEXTUAL FIT



Use of Contextual Fit Protocol Led to Improved Implementation of Support Plan by teaching staff





DISSERTATION DEFENSE

Figure 2. Percentage of BSP Components implemented during 20 minute observations

Improve Use of the Support Plan Led to Improved Student Behavior



DISSERTATION DEFENSE

Tier II and Tier IIICritical FeaturesSystemsImage: System and Systems at all Three TiersTier IIITier II/ Tier III leadership teamTeam designation and tier in the system and system and system and systems at all Three TiersTier IIITier III individual student assessmentTeam designation and tier in the system and s	Implementing		PB4L - Behavior	
Tier IIITier III / Tier III leadership teamTeam designation and tiIndividual student assessment • Academic, Behavior (FBA), Mental HealthPersonnel trained in behavioral theoryIndividual support plan • Comprehensive • Function-based • Tied to Action PlanFunctional and efficient Tier III data system.Critical Features and Systems at all Three TiersMeasure of support fidelity Increased focus on reducing the unintended rewards for problem behaviorIndividual support plan • Comprehensive • Function-based • Tied to Action Plan	Tier II and Tier III		Critical Features	Systems
Increased frequency and precision of data collection Increased family engagement.	With a state of the state	Tier III	<ul> <li>Tier II/ Tier III leadership team</li> <li>Individual student assessment <ul> <li>Academic, Behavior (FBA), Mental Health</li> </ul> </li> <li>Individual support plan <ul> <li>Comprehensive</li> <li>Function-based</li> <li>Tied to Action Plan</li> </ul> </li> <li>Measure of support fidelity</li> <li>Increased focus on reducing the unintended rewards for problem behavior</li> <li>Increased frequency and precision of data collection</li> <li>Increased family engagement.</li> </ul>	Team designation and time Personnel trained in behavioral theory Functional and efficient Tier III data system.



			0
Name:			
Date:			
This Behavior Plan is	necessary because I:		
Mr. Bradford and Lag	pree that an appropriate co	insequence is:	
	ine un m abbi chime e		
In the future, I will tak	ke responsibility for my a	ctions. Instead of this beh	avior:
I will conduct myself	in this way		

Improving Implementation of Function-Based Interventions: Self-Monitoring, Data Collection, and Data Review Journal of Positive Behavior Interventions I–II © Hammill Institute on Disabilities 2016 Reprints and permissions: sagepub.com/journalsPermissions.nav DOI: 10.1177/1098300716683634 jpbi.sagepub.com **SAGE** 

Sarah E. Pinkelman, PhD, BCBA-D<sup>1</sup> and Robert H. Horner, PhD<sup>2</sup>

## **Combine Behavior and Fidelity Data**







#### **Observed Treatment Fidelity & Academic Engagement**



#### Implementing

#### Tier II and Tier III



Critical Features and Systems at all Three Tiers

#### PB4L - Behavior

#### **Critical Features Systems** Tier II/ Tier III leadership team Tier III Team designation and time Individual student assessment Academic, Behavior (FBA), Mental Health Personnel trained in • behavioral theory Individual support plan Comprehensive Functional and efficient Function-based Tier III data system. Tied to Action Plan Measure of support fidelity Increased focus on reducing the unintended rewards for problem behavior Increased frequency and precision of data collection Increased family engagement.

#### Many Visions / Definitions of Coaching





## Considerations

- Coach versus Coaching
  - "Actions" rather than "Role"
- Coaching versus Training



- Coaching Skills /Attributes versus Coaching FUNCTIONS
  - Knowledge of core content (PBIS Teaching Matrix... general case)
  - Time
  - Communication skills
  - Building professional relationships and trust
  - Knowledge of organizational context

### Coaching versus Training



- **Training** is the presentation of events, activities and materials to develop **new** knowledge and /or skill
  - First Teach WHAT to do
  - Then Teach WHEN to do it

• **Coaching** is the on-site support needed to use new knowledge and/or skills under typical conditions.



## COACHING FUNCTIONS

#### • Prompting

Bring newly trained skills under stimulus control of natural stimuli

#### Fluency Building

• Repeated opportunities to use new skills ... preferably soon after training

#### Performance Feedback

• Feedback on accuracy and shaping of trained skills

#### Adaptation

- Modify trained skills to fit to local culture and context
- Suggest and /or encourage adaptations

#### EXAMPLE OF THE IMPACT OF COACHING ON STUDENT OUTCOMES: AVERAGE MAJOR DISCIPLINE REFERRALS PER DAY PER MONTH



From Steve Goodman, Michigan

Effects of Coach-delivered Prompting and Performance Feedback on Teacher Use of Evidence-based Classroom Management Practices and Student Behavior Outcomes

> Michelle M. Massar Special Education and Clinical Services

> > University of Oregon





Sessions



## Tier III



 Managing Tier III support systems 1. Establish Tier I first (and likely Tier II)

- 2. Establish, Train and Coach Tier II/ Tier III teams
- 3. Build capacity to include at least one person with knowledge of behavioral theory on each team
- 4. Support plans should be function-based and comprehensive
- 5. Data systems documenting fidelity as well as impact are necessary for Tier III support implementation
- 6. Build the systems needed to support effective practices.
  - Coordination, Hiring, Evaluation, Team Process
  - Monitoring
  - Allocation of time outside classroom

#### Major Considerations

## Self Assessment



• Discussion

Implementing Tier III Supports	0= no, 1 = partial, 2 = yes
1. Tier I practices and systems in place	
<ol> <li>Tier II/III leadership team trained, coached and effective</li> </ol>	
<ol> <li>Personnel with knowledge of behavioral theory</li> </ol>	
<ol> <li>Assessment of individual student capability and needs (math, reading, behavior, mental health)</li> </ol>	
5. Comprehensive plan design	
6. Action planning	
7. Data Systems used for decision-making (individual and system-wide)	
8. Process for adapting support plans	
9. Defined plan for allocating personnel to meet needs (district wide)	

## Summary



- Team
- Expertise
- Data
- Decision Process



## Summary



- Team
- Expertise
- Data
- Decision Process





