Blueprints for Success: Building Sustainable School-wide Systems of Behavioral Support

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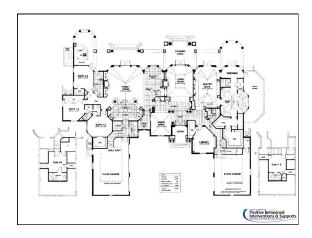
OSEP Center on Positive Behavioral Intervention & Supports www.pbis.org

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#### **Advanced Organizer**

- This morning = Big Ideas
- During the conference:
  - Refresh what you know
  - Expand on initial implementation
  - Focus on key readiness factors for next step

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- School-wide Positive Behavior Support: Implementers' Blueprint and Self-Assessment
- Evaluation Blueprint for School-Wide Positive Behavior Support
- Blueprint for School-wide Positive Behavior Support Training and Professional Development

#### **Key Across Blueprints**

- Think about "function" of team members and support personnel vs. traditional role
  - What expertise do we currently have?
  - What additional skill sets do we need?
- Focus on "key features" of process vs. examples
  - Steps to get to outcomes
  - How to embed in existing resources
  - "Repurpose" resources when necessary



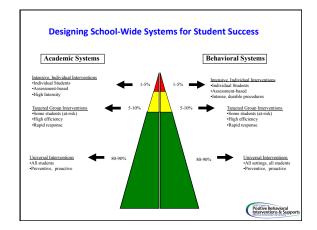
#### **Key Across Blueprints**

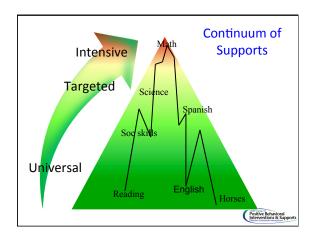
- Target data/data collection strategies that will serve several functions
  - Student
    - What supports do students need?
    - Are behaviors improving?
  - Staff
    - What supports do staff need?
  - System
    - Are there break-downs (fidelity) in implementation?
    - Guide resource allocation District/ School
    - Visibility / Political support

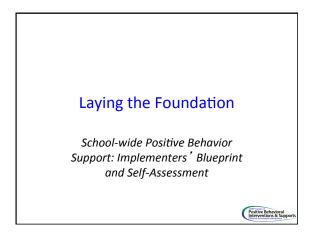


#### **Key Across Blueprint**

- Follow basic logic, but use resources and tools to accomplish what you would like to achieve
- Continue to self-evaluate
- Continue to "check in" with key stake holders
  - Parents
  - School Board
  - Staff



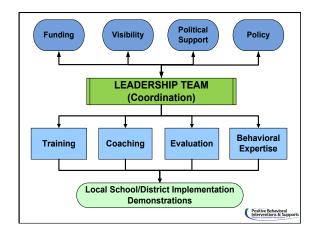


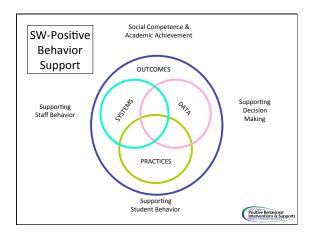


#### **Foundation**

- · School Leadership Teams
- District/Regional Leadership Teams
- · Problem Solving Process
  - Data
  - Practices
  - Systems
- Instructional Focus

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#### **SW-PBS Problem Solving Logic**

- 1. Establish Ground Rules
- 2. Start with Data
- 3. Match Practices to Data
- 4. Align Resources to Implement Practices (systems, systems, systems)

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#### **SW-PBS Problem Solving Logic**

#### 1. Establish Ground Rules

- Nothing sacred / Everything is important
- Not about "philosophy" or "theory"
- Keep focus on outcomes
- Remember, if what we are doing now was meeting the needs of all students we wouldn't be having the conversation
- Allow for a transition period (Phase of Implementation)
  - 2-3 years

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#### **SW-PBS Problem Solving Logic**

#### 2. Start with Data

- Be prepared for the "examination & explanation"
- Understand that data are simply a "sample" of what is going on
- Data must be contextualized
- Don't drown in the data
- Assess the integrity of the data (plan to correct)
- Keep the conversation focused on data that are "in your control"
- Be prepared with a draft action plan

#### **SW-PBS Problem Solving Logic**

#### 3. Match Practices to Data

- Strategies, curricula, and resources independent of what is currently in place
- Don't limit to what you currently know outside resources
- Build your daily schedule around priorities



#### **SW-PBS Problem Solving Logic**

### 4. Align Resources to Implement Practices

 New roles to reach outcomes will require training and on-going technical assistance (systems)



#### **Supporting the Foundation**

Blueprint for School-wide Positive Behavior Support Training and Professional Development



#### **Professional Development Blueprint**

#### Purpose

- (a) Identify core components to allow development of local training adaptations,
- (b) Provide tools and measures to verify and evaluate content validity of training,
- (c) Provide tools and measures to guide assessment of implementation integrity,
- (d) Judge the preparedness of professional development providers, and
- (e) Guide development of comprehensive professional development plans at the district, region, and state level



#### **Trainers**

- Train more folks than you think you need
- Levels of skill development
- Organized around Phases of Implementation
  - Team Member
  - Team Leader
  - Coach
  - Trainer
  - Coach Coordinator
  - Regional/State Coordinator



#### Coaching within SWPBS Implementation

- Defining the Role
  - Internal vs External
- Selecting Coaches
- Training and support for coaches
- · Assessing Impact

#### **Outcomes of Coaching**

- · Fluency with trained skills
- Adaptation of trained concepts/skills to local contexts and challenges
  - · And new challenges that arise
- Rapid redirection from miss-applications
- Increased fidelity of overall implementation
- · Improved sustainability
  - Most often due to ability to increase coaching intensity at critical points in time.



## Research Findings on Scaling Up and Sustaining

Fixsen, Naoom, Blase, Friedman, & Wallace, 2005, p. 70

- Best evidence documents what doesn't work:
  - Information dissemination alone
  - -Training by itself

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## Research Findings on Scaling Up and Sustaining

(Fixsen, Naoom, Blase, Friedman, & Wallace, 2005, p. 70)

- · What does work
  - Long term, multi-level approaches
  - Skills-based training
  - Practice-based coaching
  - Practioner performance-feedback
  - Program evaluation
  - Facilitative administrative practices
  - Methods for systems intervention

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## Meaningful PD Outcomes Staff Development Change in Teacher Practice Change in Student Outcomes A Model of the Process of Teacher Change Guskey, 1986

#### Supporting the Foundation

Evaluation Blueprint for School-wide Positive Behavior Support

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## 1. Determine what questions you want to answer

#### Examples

- Can we predict problems/success?
  - When/where/who?
- Possible "function" of problem behavior?
- Who needs targeted or intensive academic supports?
- What environmental changes/supports are needed?

## 2. Determine what data will help to answer questions

- Existing data set(s)
- Current data collection
- Additional / new data
- Confidence in accuracy?
- Complete picture?

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### 3. Determine the simplest way to get data

- · Agreement on definitions
- Standard forms / process
- Frequency of collection
- Target "Multi-purpose" data/use

Train ALL staff on use & provide ongoing TA

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## 4. Put system in place to collect data

- · Build on existing systems
- · Add components over time
- Central entry point
  - Electronic

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#### 5. Analyze data to answer questions

- Trends
- Instruction & supports in place/not in-place
- Pre/post "big outcomes"
- Comparisons (norm / local)
  - Relative growth
  - Absolute growth

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#### **Tools To Assist**

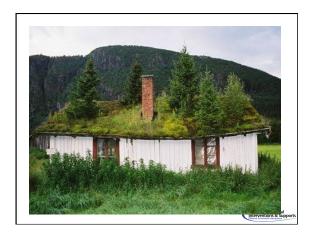
- Identify Progress Monitoring Tool
  - Tier I
    - Team Implementation Checklist
    - · Benchmarks of Quality
    - School-wide Evaluation Tool
    - School Assessment Survey
    - SWIS
  - Tier II/III
    - CICO Progress Monitoring Tool
    - Benchmark for Advance Tiers (BAT)
    - Individual Student Systems Evaluation Tool (ISSET)

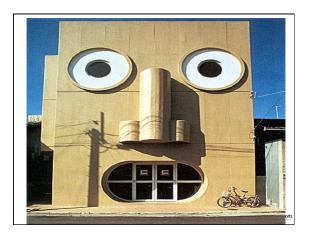


#### Pouring the Foundation

- · What outcomes?
- Cultural context
- · Family engagement
- Community connections







#### Family Room (Tier II)

- Efficient and effective way to identify at-risk students

   Screen

  - Data decision rules
- Informal assessment process to match intervention to student need
  - Small group Social Skill Instruction
  - Self-management
  - Academic Support
- Part of a continuum must link to universal school-wide PBS system







#### Bed Rooms (Tier III)

- When small group not sufficient
- When problem intense and chronic
- Driven by Functional Behavioral Assessment
- Connections to Mental Health and Community Agencies
- Part of a continuum must link to universal school-wide PBS system









## The Connect Point Across the Continuum and Essential for a Sound House

Classroom Management & Instruction

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#### The Challenge

- Students spend majority of their school day in the classroom
- Majority of "discipline problems" originate in the classroom and often result in removal from instruction
- Remaining engaged in instruction essential to student academic and social success
- "Culture" of education often reinforces ineffective practices and creates barriers to implementing effective practices

#### A Peek Into High School Core Classrooms

- 74% of teacher time was coded as "non-teaching"
- Teacher Feedback:
  - Positive 0.16 per hour
  - Correction 0.16 per hour
- Negative 0.44 per hour
- Opportunities to Respond
  - Group 2.5 per hour
- Individual 0.4 per hour
- Student Engagement:
  - Active 18%
  - Passive 12%
  - Off Task 14%
  - Down Time 57%



#### Setting up the Classroom Environment

#### Establishing expectations:

- What do I want my classroom to look like?
- How do I want children to treat me as a person?
- How do I want children to treat one another?
- What kind of information or values do I want to communicate to students about being an adult, an educator, a woman or a man in today's society?
- How do I want children to remember me when the last day of school ends and I am no longer part of their daily lives?
- ☆ How can I change my instruction to help pupils develop the skills I am trying to teach?

Bottom line = ask if students have pre-requisite and requisite skills to succeed based on each of the answers — if not, teach and practice



#### Classroom Essentials\*

- 1. Classroom expectations & rules defined and taught
- 2. Procedures & routines defined and taught
- 3. Continuum of strategies to acknowledge appropriate behavior in place and used with high frequency (4:1)
- Continuum of strategies to respond to inappropriate behavior in place and used per established schoolwide procedure
- 5. Students are actively supervised
- Students are given multiple opportunities to respond (OTR)
- Activity sequence promotes optimal instruction time and student engaged time
- 8. Instruction is differentiated based on student need



#### "Learning Errors"

## How are you going to prevent it from happening again?

- 1. Minors addressed quickly and quietly/privately
- 2. School wide procedures for majors are followed
- 3. Upon "return," debrief and plan to prevent
  - 1. What does student need?
  - 2. What can we do to help?



#### "Appropriate" Responses to Learning Errors

- If student removed from learning environment, create opportunities to teach/ practice replacement behaviors
- Natural consequences (is it "punishment" from the student's perspective)
- Changes within and across environments to promote appropriate behavior

Positive Behavioral Interventions & Support A Classroom Example...

#### **Study Basics**

- · Subject:
  - Seven years old
  - Identified with EBD and ADHD
- Setting
  - General education  $2^{\text{nd}}$  grade classroom with 19 other students
  - One licensed teacher and one student teacher
- Concern
  - Student exhibits high rates of off-task
  - Student shouts out answers and questions and comments at high rates and often inappropriate



#### "Function of Behavior"

- Descriptive (interviews and teacher reported ABC/ Scatterplot data)
  - Function identified as Attention
  - Significant antecedents: <u>multiple step</u> <u>direction and group settings</u>
  - Very High rates of both problem behaviors reported/ inconsistency in accuracy of data collection

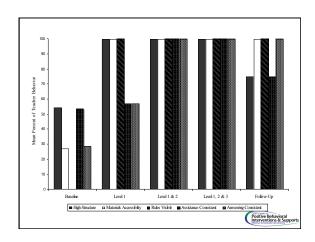


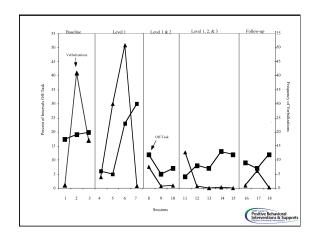
#### "Environment Assessment"

Significant variables:

- clarity of expectations & directions
- · consistency of expectations
- · accessibility of class schedules
- lack of enforced procedures (especially regarding to hand raising and verbalizations or entire class)









#### **Integrating Systems of Support**

Field Primary School



#### Field Primary School

- · High Diversity
  - School has 290 students; 50% minority; 20%
     English Language Learners; 13% special education
- Instructional leader turnover
- Poverty
  - 79% of students qualify for free and reduced lunches
- · Highly transient population



#### Field Primary School

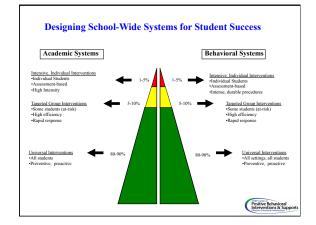
- + Teachers and Staff committed to the increasing academic and social success of all students
- + A committed Principal who supported faculty in their efforts to change the way the taught to improve children's lives



#### Field Primary School

- · Academic Standing
  - Annual Yearly Progress (AYP)
    - 5% of all students scored proficient in 2005, according to the Missouri Assessment Program. Breakdown by group:
      - 0% African American
      - 18% Caucasian
      - 0% Students with disabilities
      - 0% English Language Learners
      - 7% Free/Reduced Priced Lunch

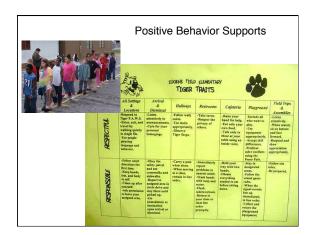
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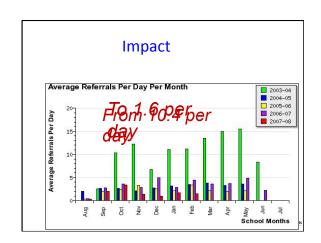


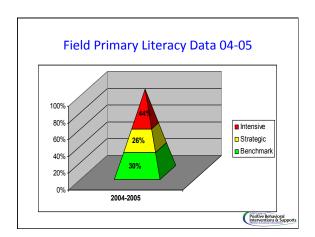
#### Field Primary School

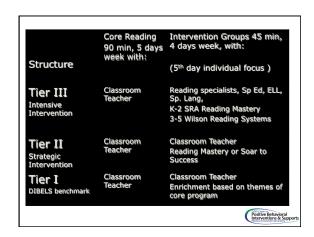
- Literacy
  - In 2004–05, 44% students required intensive support for reading and writing
- Social Behavior
  - In 2003-04 Averaging 10.4 discipline referrals per day





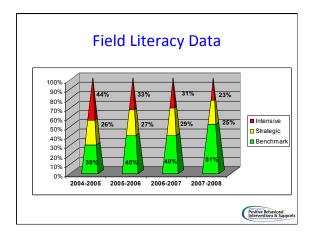






#### Core Reading and Intervention Schedule Core Intervention K 9:00-10:30 12:25-12:55 1st 9:00-10:30 11:30-12:15 2 10:00-11:30 9:15-10:00 3 11:00-12:30 10:15-11:00 4 1:45-3:15 1:00-1:45 5 1:00-2:30 2:15-3:00 Positive Behavioral Interventions & Suppo

# Impact • Improved Academic Standing - Annual Yearly Progress In 2007, 27% of Field's students scored proficient (up from 5%). • African American: 0% improved to 16% • Caucasian: 18% improved to 57% • Students with disabilities: 0% improved to 25% • English Language Learners: 0% improved to 27%



#### **Student Voice**

- Member of the SW-PBS Team
- Connect points to existing student leadership groups
- Student goal setting & progress monitoring
- Students as exemplars
- SW-PBS is something we do WITH students not to them



Survey Statements	Total in	Ge	nder	Grade							
	Agreement	Male	Female	6	7	8	9	10	11	12	
School is a welcoming and friendly place.	71%	70%	71%	77%	71%	67%	71%	68%	69%	70%	
I feel accepted for who I am at school.	71%	75%	67%	78%	71%	68%	70%	68%	71%	72%	
Teachers make an effort to get to know me.	57%	59%	55%	72%	63%	55%	51%	48%	52%	54%	
I have difficulty fitting in at school.	20%	19%	21%	24%	22%	21%	20%	18%	18%	17%	
Teachers care about my problems and feelings.	51%	49%	53%	69%	58%	49%	43%	42%	44%	47%	
I am proud of my school.	62%	61%	63%	76%	67%	57%	64%	59%	54%	53%	
I am a valued member of my school community.	46%	47%	46%	56%	51%	45%	41%	40%	43%	47%	
I think bullying is a problem at my school.	44%	41%	47%	53%	51%	50%	39%	37%	36%	359	

Montana Student Voice												
Survey Statements	Total in Agreement	Gender		Grade								
		Male	Female	6	7	8	9	10	11	12		
Students respect teachers.	46%	48%	44%	62%	48%	41%	41%	41%	43%	47%		
My parents care about my education.	95%	95%	95%	97%	97%	96%	95%	94%	94%	92%		
I have a teacher who is a positive role model for me.	76%	73%	80%	83%	76%	73%	71%	72%	78%	81%		
Teachers care about me as an individual.	56%	55%	56%	66%	59%	53%	49%	48%	54%	57%		
Teachers care if I am absent from school.	54%	53%	54%	65%	58%	51%	50%	48%	50%	52%		
If I have a problem, I have a teacher with whom I can talk.	56%	53%	58%	65%	58%	53%	49%	50%	55%	60%		
Teachers respect students.	66%	64%	67%	80%	71%	64%	62%	58%	58%	61%		
Students respect each other.	36%	40%	33%	44%	36%	31%	37%	34%	37%	37%		