

18.2. Sample bullying prevention and response policy:

This sample policy can be used to develop a school bullying prevention and response policy. It has been provided as a sample only and should be adapted to suit the school environment.

Policy Name: Bullying Prevention and Response Policy

Policy Date:

Rationale or Purpose

The _____ Board of Trustees seeks to take all reasonable steps to develop high standards of behaviour in order to fulfil the charter expectation and the requirements of NAG 5. The Board of Trustees seeks to foster and develop a safe, positive physical and emotional school environment that creates a climate of trust. Students, staff, parents and whānau share the responsibility for making _____ school a respectful and inclusive environment.

Policy Statement

We are committed to ensuring that our school provides an environment free from bullying behaviours. All members of our school community – Board of Trustees, school leaders, teachers, staff, students and parents and whānau should have an understanding of what bullying is; and know what to do when bullying does occur.

Definition

Bullying behaviour is not an individual action. Our school community agrees that:

- › Bullying is deliberate
- › Bullying involves a power imbalance
- › Bullying has an element of repetition
- › Bullying is harmful.

Bullying behaviours can be physical, verbal, or social, and can take place in the physical world or digitally.

Bullying is not an individual action. It involves up to three parties; initiators (those doing the bullying), targets (those being bullied) and often bystanders (those who witness the bullying).

The rationale or purpose section explains “why” the policy is being written.

It will include an agreed statement and confirmation of your school community’s expectations about creating a safe, positive environment and the principles underpinning your policy including legal requirements (NAG 5).

The Policy Statement is a brief statement of “what” the policy is intended to achieve. That is, the aim(s) of your policy.

Your school’s agreed definition of bullying. This should include examples of types of bullying behaviours, how the definition has been developed eg, consulting with staff, parents and whānau and students.

Bullying Prevention

We recognise that real change happens when students, staff, parents, whānau and other members of the community share responsibility for making our school a respectful and inclusive environment. We will:

- › Regularly survey our school community through *Wellbeing@School* and *Kia Kaha* student or our own survey (for example by using survey monkey)
- › Identify areas for improvement through the survey findings and develop a bullying prevention action plan
- › Regularly promote our expectations and successes in preventing bullying (eg, in assemblies, newsletters and Facebook, reports to the Board of Trustees)
- › hold termly professional learning and development on our understanding of bullying prevention and response (staff meetings, parent meetings, student council)
- › Establish our Bullying Prevention Team to take responsibility for bullying prevention (to include staff, parents and whānau and students)
- › Use a range of activities including curriculum based programmes to develop the ability for students to relate to each other (Kia Kaha, peer mediation, social problem solving solutions, role playing)
- › Promote digital citizenship throughout ICT and promoting safe use of technology (through our ICT Use Agreements)
- › Support the student-led peer to peer initiative.

The above are suggestions only.

Bullying Response, for when bullying occurs

We recognise the importance of consistently responding to all incidents of bullying that have been reported in our school and ensuring that planned interventions are used to respond to these incidents and support all involved. We will support anyone who has been affected by, engaged in or witnessed bullying behaviour.

- › All reported incidents of bullying will be taken seriously and followed up as appropriate
- › An appropriate adult will support the affected students by:
 - reassuring that they have done the right thing in reporting the incident
 - using the assessment matrix, record a description of what happened and assess the level of severity
 - using the quick reference guide, responding to bullying incidents to activate the response and action needed
- › We will involve parents and whānau as early as possible and as appropriate
- › All more serious incidents will be escalated to senior management and we will seek advice and involvement from outside agencies
- › We will provide appropriate support for targets, bystanders and initiators of bullying behaviour
- › We will regularly monitor all incidents of bullying and identify patterns of behaviour.

The Bullying Prevention section is to outline “how” the policy (eg, what steps) will prevent bullying behaviour. It will include prevention-focussed activities and interventions.

The Bullying Response section is to outline “how” you will respond (eg, what steps you will take) when bullying behaviour has occurred or has been reported. It will include actions and interventions to follow up with initiators, targets and bystanders following an incident.

Raising Awareness

We recognise the importance of good communication between home and school to promote consistent messages and to ensure that any reported bullying can be recognised and responded to effectively. We will regularly raise the awareness of our school community's approach to bullying and celebrate our positive school culture, for example through parent evenings, assemblies, class-based activities, and displays.

Our interaction with our wider school community will include reports to the Board of Trustees, school newsletters, and information (including the policy) on the school's website. We will make the policy available in multiple formats (in print, on the web and in school notices and newsletters) and ensure it is translated into other languages as necessary.

Evaluation and Review

We will review and revise this policy annually to ensure that the school's bullying prevention practices are recognised and celebrated. This will include an annual meeting to monitor, review and modify the policy and action plan (to reflect changes with the school, survey findings, incident reviews). We will track and monitor all bullying related incidents and regularly report this information to the school community. We will regularly gather data from the school community (eg, *Wellbeing@School* and *Kia Kaha* student surveys) and report on the effectiveness of this policy and _____ school community's commitment to bullying prevention and response.

The Raising Awareness section outlines how you will communicate the policy to ensure it is widely known about and readily accessible to all staff, students, parents, family and whānau, and the community.

The Evaluation and Review section. You should review your policy on a regular basis. This may be annually or as legislation or regulations change.